

Excerpted from the book, *There Is NO PRINCE and Other Truths Your Mother Never Told You*
By Marilyn Graman and Maureen Walsh
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Consciously Choosing Your Man

From *There Is NO PRINCE and Other Truths Your Mother Never Told You*

When you are choosing consciously you can magnetize toward you what you want.

Conscious choosing means:

Loving yourself.

Actively working on your relationship with yourself.

Not taking things personally.

Being aware of your patterns.

Owning your part in what happens.

Understanding how men are.

Being willing to experiment with men who look different from the ones you've always been attracted to.

Being clear about what you are looking for in relationship.

Actively seeking opportunities to meet men.

Interviewing men to see if they match what you want.

Saying "no" when he's not right for you.

Moving slowly until you're sure he's right for you.

Knowing that if he's not right for you, there's another one around the corner.

Being awake and aware in the moment.



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