

The Natural Power of Being a Woman

Weekend Workshop October 31 & November 1, 2009

The very center of what we teach at Life Works is contained in The Natural Power of Being a Woman Weekend. Although many of us feel that we must be “doing” to feel powerful, the weekend shows how our “being” actually draws what we want toward us. The Workshop is an intense and specific investigation into our natural power. We will focus on what is between us and the highest natural expression of ourselves. The purpose is to:

- Bring us in touch with what is truly natural for women
- Provide practices to permit getting to know those aspects of ourselves
- Develop the ability to use them for our well-being & the well-being of others
- Know ourselves as individuals and as women as never before
- Intuit what is good and appropriate for us from a true inner peace

In the Weekend we will discover:

- The value of contracting our authentic female power
- When we lost our sense of deserving, our sense of value
- How we chronically conceal our power
- How we use our power for ourselves and against ourselves
- Where we learned our style of expressing our power

All leading to revealing how to authentically express our power and use it for our own well-being.

Results that women who have completed the Weekend report are:

- Finding right work that is a natural expression of who they are
- Increased authentic self-expression
- New ease in relationships
- Experiencing more ease and pleasure in everyday life
- Learning how to quiet the mind
- How to find the resources needed within themselves
- Feeling more in control
- Having opportunities and openings come toward them

The course is open to all women both graduates of the Having What You Want With a Man Workshop and women new to our work. The hours are Saturday from 9:30am to 9pm, and Sunday from 9:30am to 6pm. The fee for the Weekend is \$395 for women new to the Natural Power and \$275 for women who have already completed a Natural Power Weekend. The fee for current members of the Gathering is \$195. A deposit of \$100 will reserve a space.

There is homework to be contemplated, gathered and researched before the Weekend and food to prepare and bring. Participation is limited. Please consider your attendance carefully and send a deposit as soon as possible to reserve a place and the Workshop will begin for you. We look forward to the Weekend and hope that you and your friends will join us.

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Give Yourself the gift of more ease and satisfaction.