



"Every woman who is disappointed with her love life needs to read this informative and practical book. The authors gently open our eyes to the unconscious beliefs we hold that have us repeating the same old mistakes over and over. Best of all, we're shown how to love and honor ourselves as we're given guidelines to attracting a relationship that will really work for us."

—Louise Hay, author of *You Can Heal Your Life* and *Empowering Women*

"*There is NO PRINCE* is a practical and illuminating guidebook for women in all stages of relationship."

—John Gray, Ph.D. Author of *Men Are from Mars, Women Are from Venus*

## There Is **NO PRINCE** and Other Truths Your Mother Never Told You:

*A Guide to Having the Relationship You Want*

by Marilyn Graman & Maureen Walsh with Hillary Welles

### Secrets of Supportive & Loving Relationships Revealed

"It is time to make peace with ourselves and with the men in our lives," declares Marilyn Graman, psychotherapist and author with Maureen Walsh of ***There Is NO PRINCE and Other Truths Your Mother Never Told You: A Guide to Having the Relationship You Want*** (Life Works Books). Men love *and* want women. Women want to be cherished. So what's wrong and how come so many women say they have given up or that they can't find any good men to have relationships with?

According to Graman, a popular relationship expert based in New York's Greenwich Village, "women have been given a lot of wrong information about men, relationships, and what we can have in our lives, and this is good news! It's much easier to have a great relationship than we've been taught. It's time to break the relationship code." Graman's modern melding of traditional wisdom, post-feminist thinking and personal discovery gently shows a woman what's in her way to having the relationship she wants.

Whether they are in their sixties or twenties, many women are still not happy about the state of their most intimate heart-felt relationships. Despite the rise of female-power in politics, business and communications, equal rights didn't teach women how to be happy with a man. It's a significant social issue and the appetite for advice on how to have a good relationship is voracious.

Whatever their age, whether new to dating or dating for the first time in years, moving on from a relationship that isn't right, or nursing back to health the relationship they are already in, ***There Is NO PRINCE*** encourages women to discover:

- There are plenty of available men eager for relationships.
- Men love strong women, but not being over-powered by them.

- They can choose what they want in a relationship and attract it.
- It is possible to be successful in the world *and* powerful in relationship.
- Love is not a game, it's about being authentically, fully oneself.
- The secret to being irresistible is much easier than we imagine.

Unlike other relationship how-to's, ***There Is NO PRINCE*** does not make a game out of love by advising women to be different than they are or to manipulate men. This 21st century guidebook for relationships helps women get clear about what they want and takes them step-by-step through the process of preparing for, finding, choosing, managing and enjoying having a man in her life.

“Women can make peace with men by seeing how important we are in their lives and how much men want contented women around them,” explains Graman. After 25 years of working with both men and women, she has discovered that most of the discontent in relationships resides with women. “Once women know what they want and need, they can then ask for it and stop expecting a Prince to come who will magically read their minds. And then they begin seeing all the great men around them who can be princely from time to time.”

***There Is NO PRINCE*** is a wise guide that overturns old ideas and conventional thinking about relationships. Based on Graman's “Having What You Want With A Man” workshop — ***There Is NO PRINCE*** reminds women, single and partnered, that they have the power to change what they attract and to shape their relationships to have what they want. For the first time in book form, Graman reveals secrets she has shared with women for the past 16 years in her weekend workshop, secrets — about women and men — that have helped even the most die-hard skeptics find good mates and create their own happily-ever-after.

***There Is NO PRINCE*** is an invitation to women of all ages to get crystal clear about what matters most to them in a man, and to celebrate their own power and potential. As this warm, insightful, and clear-headed relationship guidebook so ably demonstrates, there may not be any Princes, but there are millions of wonderful men out there who want to make them happy.

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#### About the Authors:

Marilyn Graman is a psychotherapist with a thriving practice in New York. She has been leading workshops and seminars helping both women and men have more of what they want in life since 1978. What is now Life Works, Inc. was formed in 1984 with co-founder Maureen Walsh. Walsh guides the development of new projects, creates and facilitates specialized courses, and is the business side of Life Works. ***There Is NO PRINCE*** is the follow up to their first book, *The Female Power Within* (June 2002)

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