

# Moving the Unmoveable

Shifting, Healing, Releasing and a Future with Fewer  
Boulders in the Stream of Your Life

**Dates TBA ~ Wainwright House**

The remarkable times we live in offer unprecedented opportunities to release and heal. In this 4-day, 3-night new Retreat from Life Works, you will have the opportunity to choose a central issue in your life, one that has been like a boulder blocking flow and ease in the stream of your life and remove it as an obstacle. You will be able to leave the retreat understanding why it was in your life, how it served you in the past, experience being healed, release it and to make plans for how to live in life without this block that had stopped you from being your full, joyous, creative, loving and peaceful self.

Yes, this Retreat will be deep and intense work and it will free you on a profound level. Until now, what we can learn and release in a lifetime has been limited as we search for answers to questions that are difficult to pursue working with even the most talented professionals. With this concentrated and intentional work on a troubling area of your life along with the rigorous scrutiny, profound leadership and the opportunity to see the courage and possibility of other's breakthroughs, your life will change.

You will be asked to carefully prepare for this Retreat, as the homework is mandatory, not just recommended as usual. Once you have completed the Retreat Preparation, you'll have a conversation with Marilyn, either in-person or on the telephone least a week before the Retreat to clarify the issue you are working on at the Retreat and to receive additional personalized preparation.

Come ready to work through a dark area of your life and emerge from this retreat whole and more fully yourself than perhaps ever before.

Join us for a weekend and become more yourself.

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# A new Life Works Retreat

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- When: Next dates TBA
- Where: Wainwright House in Rye, New York.
- Who: Any woman who wants more in her life.
- Cost: \$1400 for course work and materials, 3 nights lodging, 10 meals.
- How: Register and pay by mail or online at [www.lifeworksgroup.com](http://www.lifeworksgroup.com)

At the retreat you'll eat healthy food, get to know some great women, be in nature, relax, rejuvenate and release what you no longer need. You'll unburden yourself of thoughts, feelings and body sensations that no longer serve you and align your intention to have a remarkable life.

Wainwright House is a compound containing 3 buildings, including a Normandy mansion, all nestled in gardens overlooking the Long Island Sound. It was the summer home of Dr. Norman Vincent Peale, a popular spiritual leader and Pastor of Marble Collegiate Church in Manhattan. He conducted a weekly radio show from there, 1935 to 1989. We often work in the room that was formerly his broadcast studio.

To let us know that you plan to attend the Moving the Unmoveable Retreat please pay in full or make a deposit of at least \$500 to reserve a place as soon as possible since space is limited. The fee includes the course, all materials, shared room and all meals from Thursday lunch through Monday lunch. Send check payable to Life Works to the address below.

You do not have to be a Life Works graduate to participate in this retreat, so your women friends, colleagues, and family members are welcome to join you. There is preparation to be done and materials to gather prior to this Retreat. You will receive these guidelines as soon as we receive your deposit. Give yourself the gift of being fully prepared for this lively and enlivening retreat.

Questions? Call or email [info@lifeworksgroup.com](mailto:info@lifeworksgroup.com)

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