

Results reported from the previous Father Retreats

"I developed a much more compassionate and open-hearted view of my father and could release views of him that were more my mother's than my own. I could then appreciate his goodness and accept it from men... and then I got married."

"Thank god, I don't have to be a "good girl" anymore the way I did with my father."

"I was able to appreciate my husband for the beautiful man that he is instead of comparing him to an idealized picture of my father that wasn't even real."

"Since the retreat I am able to deal with authority figures as an adult, not a child."

"I am aware, since the retreat, that I do not live in the scary, frightening world my father taught me life would be like."

"When I became a teenager my Dad didn't know what to do with me, so he abandoned me at that most crucial time. I always thought it was because of something I did and would do again with men I loved. I learned at the Father Retreat that a good man can stay through the "hard parts." Now I have a man who is strong and who I can depend on for the first time in my life."

"I transformed myself from being his surrogate wife to being his daughter. Then I was able to get married to my lovely husband."

"I never understood why I could have guy friends but not boyfriends. Now I do and I am seeing great men wherever I look. A miracle!"

"I realize now that I don't have to take care of other people the way I had to take care of my father."

"Most of my issues with my father have disappeared since the retreat. My feelings of generosity towards men and, especially, my ex-husband have me thinking that it is time to enjoy men again."

"I finally have a man of my own that I don't have to share with anyone!"

"At the retreat I learned that I could say no to my father even though it was impossible for my mother to say that word to him. As a result we have a fuller, more satisfying relationship. Before the retreat I could never be myself around him... only a little girl who had to agree with everything."

"I learned in the Father Retreat that I can love my father and a husband and family of my own."

"I was able to get in touch with the murky issues I had with my father but could never acknowledge before. Forgiveness and all the work I did at the Retreat freed me up to have a more tender and heart-felt relationship with my husband and all the men in my life."

"I was able to have an adult relationship with my father. And that helped me change my relationship with my future husband and get engaged. Now I know my father loved me – which is amazing - and I know that I am loved and loveable."

Don't wait for 2 years for the next Father Retreat to have your own version of these results.

More intimacy, freedom and authenticity are possible.

**Release yourself from the compensations you have made in your life
because of who your Father was.**

Call today 212-741-8787 and free yourself to love and be loved.

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