

More About the Life Works Father Retreat

You can change your relationship with every man in your life...quickly.

Interesting possibility, isn't it? You can change all your connections with men in 5 days? Sounds like a miracle doesn't it? It's true because who changes is you — from the very center of your life. Join us for the Father Retreat.

You'll examine and free yourself of the compensations and bending away from your authentic self that you thought you had to do to be your father's daughter. How you regard men was formed from your relationship with your Dad. You looked at how your father interacted then generalized from him how to be successful with a man. But you were just a little girl and some of what you saw was impossible to understand. You have some crossed wires and places to heal to be able to be your full, lively, loving and authentic self.

While what works about how you relate to men needs to be honored there are deep and profound parts of yourself that keep you from having what you want. They are buried in your expectations, experiences and hurt places we each harbor and react to when life looks like an earlier, painful situation. The Father Retreat will give you the opportunity, in a safe and guided space, to go back and release the parts that don't support you and heal that first relationship you had with a man — your Daddy.

This is a deep and powerful clearing for every woman and may well be what is between you and your full expression and love for a man. It impacts how you hold all the other men in your life — brothers, bosses, colleagues, friends and anyone you perceive behaves like your father.

The Father Retreat is Thursday, April 29 through Monday May 3 at the beautiful, waterside, Wainwright House in Rye, New York an hour north and east of the City. Our retreats feature great food, a time to rest and renew, movies that inspire, and the opportunity to meet great women. The fee is \$1650 for 4 nights in a shared room and five days of gourmet meals. You'll return invigorated, optimistic, and confident that life is moving in your direction. So reserve the time now, send your deposit and feel lighter, freer, more relaxed, loving and loveable this Spring.

The Father Retreat is like no other course we offer. Our generations of women, perhaps more than any others, modeled after their fathers lives as feminism formed a major tent pole in our lives offering us the opportunity to emulate their careers. Our relationship with our fathers is the backbone of all our relationships with men – our expectations, fears, pits we fall into and the model for how we are, give and receive love. Until we deeply examine this most important relationship we always live in the shadow of it. And as far as we know there is only one place that does this deep, liberating and life-shifting work — Life Works.

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